## **Heart to Heart Project**

This is a program when a CQG Member has a problem (i.e. concerning a death in the family, serious medical issue /surgery, etc.) and you'd like to send a simple "thinking of you" message, this Heart Block will be perfect.

Start with a block 6-1/2" square in your choice of fabric color and design. Then use the heart pattern below to add/applique a heart to your 6-1/2" square block (any color or design).

Sign your fabric block and possibly add a simple note ("thinking of you", etc.), then mail to the person in need.

